

National Council Licensure Ination - NCLEX-PN

1. A middle-aged woman tells the nurse that she has been experiencing irregular menses for the past six months. The nurse should assess the woman for other symptoms of _____.

A. climacteric

B. menopause

C. perimenopause

D. postmenopause

Answer(s): C

2. When obtaining a health history on a menopausal woman, which information should a nurse recognize as a contraindication for hormone replacement therapy?

A. family history of stroke

B. ovaries removed before age 45

C. frequent hot flashes and/or night sweats

D. unexplained vaginal bleeding

Answer(s): D

3. Which of the following statements, if made by the parents of a newborn, does not indicate a need for further teaching about cord care?

A. "I should put alcohol on my baby's cord 3-4 times a day."

B. "I should put the baby's diaper on so that it covers the cord."

C. "I should call the physician if the cord becomes dark."

D. "I should wash my hands before and after I take care of the cord."

Answer(s): D

4. The nurse is teaching parents of a newborn about feeding their infant. Which of the following instructions should the nurse include?

A. Use the defrost setting on microwave ovens to warm bottles.

B. When refrigerating formula, don't feed the baby partially used bottles after 24 hours.

C. When using formula concentrate, mix two parts water and one part concentrate.

D. If a portion of one bottle is left for the next feeding, go ahead and add new formula to fill it.

Answer(s): A

5. The nurse is assessing the dental status of an 18-month-old child. How many teeth should the nurse expect to examine?

A. 6

B. 8

C. 12

D. 16

Answer(s): C

6. Which of the following physical findings indicates that an 11-12-month-old child is at risk for developmental dysplasia of the hip?

A. refusal to walk

B. not pulling to a standing position

C. negative Trendelenburg sign

D. negative Ortolani sign

Answer(s): B

7. A client with Kawasaki disease has bilateral congestion of the conjunctivae, dry cracked lips, a strawberry tongue, and edema of the hands and feet followed by desquamation of fingers and toes.

Which of the following nursing measures is most appropriate to meet the expected outcome of positive body image?

A. administering immune globulin intravenously

B. assessing the extremities for edema, redness and desquamation every 8 hours

C. explaining progression of the disease to the client and his or her family

D. assessing heart sounds and rhythm

Answer(s): C

8. Which of the following is most likely to impact the body image of an infant newly diagnosed with Hemophilia?

A. immobility

B. altered growth and development

C. hemarthrosis

D. altered family processes

Answer(s): D

9. Diagnostic genetic counseling, for procedures such as amniocentesis and chorionic villus sampling, allows clients to make all of the following choices except _____.

A. terminating the pregnancy

B. preparing for the birth of a child with special needs

C. accessing support services before the birth

D. completing the grieving process before the birth

Answer(s): D

10. A client who is experiencing infertility says to the nurse, "I feel I will be incomplete as a man/woman if I cannot have a child."

Which of the following nursing diagnoses is likely to be appropriate for this client?

A. Risk for Self Harm

B. Body Image Disturbance

C. Ineffective Role Performance

D. Powerlessness

Answer(s): B

11. Which of the following foods is a complete protein?

A. corn

B. eggs

C. peanuts

D. sunflower seeds

Answer(s): B

12. Which condition is associated with inadequate intake of vitamin C?

A. rickets

B. marasmus

C. kwashiorkor

D. scurvy

Answer(s): D

13. What is the primary nutritional deficiency of concern for a strict vegetarian?

A. vitamin C

B. vitamin B12

C. vitamin E

D. magnesium

Answer(s): B

14. How often should the nurse change the intravenous tubing on total parenteral nutrition solutions?

A. every 24 hours

B. every 36 hours

C. every 48 hours

D. every 72 hours

Answer(s): A

15. Which of the following values should the nurse monitor closely while a client is on total parenteral nutrition?

A. calcium

B. magnesium

C. glucose

D. cholesterol

Answer(s): C

16. Which of the following statements is correct about Maslow's hierarchy of needs?

A. Four of the levels may require physical intervention, while two of the levels may require psychosocial intervention.

B. There are psychosocial interventions that may be applicable to all of the levels.

C. There are physical interventions that may be applicable to all of the levels.

D. Two of the levels may require physical intervention while four of the levels may require psychosocial intervention.

Answer(s): D

17. Which of the following methods of contraception is able to reduce the transmission of HIV and other STDs?

A. intrauterine device (IUD)

B. Norplant

C. oral contraceptives

D. vaginal sponge

Answer(s): D

18. Which of the following is the primary force in sex education in a child's life?

A. school nurse

B. peers

C. parents

D. media

Answer(s): C

19. Which of the following nursing actions is most effective when evaluating a kinetic family drawing?

A. telling the child to draw their family doing something

B. offering specific suggestions of what to include in the drawing

C. discouraging the child from talking about the drawing

D. noting the omission of any family members

Answer(s): D

20. All of the following factors, when identified in the history of a family, are correlated with poverty except _____.

A. high infant mortality rate

B. frequent use of Emergency Departments

C. consultation with folk healers

D. low incidence of dental problems

Answer(s): D
