

National Council Licensure Examination (NCLEX-PN)

1. Why is it often necessary to draw a complete blood count and differential (CBC/differential) when a client is being treated with an antiepileptic drug (AED)?

A. The hematocrit is adversely affected because of an increased vascular volume.

B. AEDs affect immune modulators increasing the risk of infection.

C. AEDs induce white blood cell reduction.

D. A side effect of some AEDs is blood dyscrasia.

Answer(s): D

2. Which fetal heart monitor pattern can indicate cord compression?

A. variable decelerations

B. early decelerations

C. bradycardia

D. tachycardia

Answer(s): A

3. Which of the following terms refers to soft-tissue injury caused by blunt force?

A. contusion

B. strain

C. sprain

D. dislocation

Answer(s): A

4. A 64 year-old Alzheimer's patient has exhibited excessive cognitive decline resulting in harmful behaviors. The physician orders restraints to be placed on the patient. Which of the following is the appropriate procedure?

A. Secure the restraints to the bed rails on all extremities.

B. Notify the physician that restraints have been placed properly.

C. Communicate with the patient and family the need for restraints.

D. Position the head of the bed at a 45 degree angle.

Answer(s): C

5. A client is having problems with her ankles. To assess her ankles' ROM, which ROM exercises should the nurse have her perform?

A. flexion, extension, hyperextension

B. flexion, extension, abduction, adduction

C. external rotation, internal rotation

D. extension, flexion, inversion, eversion

Answer(s): D

6. A client comes to the clinic for assessment of his physical status and guidelines for starting a weight-reduction diet. The client's weight is 216 pounds and his height is 66 inches. The nurse identifies the BMI (body mass index) as:

A. within normal limits, so a weight-reduction diet is unnecessary.

B. lower than normal, so education about nutrient-dense foods is needed.

C. indicating obesity because the BMI is 35.

D. indicating overweight status because the BMI is 27.

Answer(s): C

7. Which of the following statements should the nurse use to best describe a very low-calorie diet (VLCD) to a client?

A. "This diet can be used when there is close medical supervision."

B. "This is a long-term treatment measure that assists obese people who can't lose weight."

C. "The VLCD consists of solid food items that are pureed to facilitate digestion and absorption."

D. "A VLCD contains very little protein."

Answer(s): A

8. Which is the most common microorganism associated with gastritis?

A. syphilis

B. cytomegalovirus

C. H.pylori

D. mycobacterium

Answer(s): C

9. Medication bound to protein can have which of the following effects?

A. enhancement of drug availability

B. rapid distribution of the drug to receptor sites

C. less availability to produce desired medicinal effects

D. increased metabolism of the drug by the liver

Answer(s): C

10. A 60-year-old widower is hospitalized after complaining of difficulty sleeping, extreme apprehension, shortness of breath, and a sense of impending doom. What is the best response by the nurse?

A. "You have nothing to worry about. You are in a safe place. Try to relax."

B. "Has anything happened recently or in the past that might have triggered these feelings?"

C. "We have given you a medication that helps to decrease feelings of anxiety."

D. "Take some deep breaths and try to calm down."

Answer(s): B

11. Which of the following blood pressure parameters indicates PIH? Elevation over a baseline of:

A. 30 mmHg systolic and/or 15 mmHg diastolic.

B. 40 mmHg systolic and/or 20 mmHg diastolic.

C. 10 mmHg systolic and/or 5 mmHg diastolic.

D. 20 mmHg systolic and/or 20 mmHg diastolic.

Answer(s): A

12. A 62 year-old female is being seen on a home visit by a nurse. The patient reports she has been taking Premarin for years. Which of the following would indicate an over-dosage?

A. Lower extremity edema

B. Sensory changes in the upper extremities

C. Increased occurrence of fractures

D. Decreased peripheral blood flow

Answer(s): A

13. The Token Economy is a type of therapy that focuses on:

A. play therapy.

B. behavior modification.

C. milieu therapy.

D. associative.

Answer(s): B

14. The home health nurse has made a visit to an 85-year-old female client's home who has recently had surgery to replace her left knee. The client has been discharged from a rehab facility and has been able to walk on her own. The nurse assesses the need for teaching related to fall prevention. What should the nurse include in this teaching plan?

A. The client should remove all scatter rugs from the floor and minimize clutter.

B. The client should not get up and move around the house.

C. The client does not need to install a raised toilet and grab bar because she is able to walk on her own.

D. The client should wear a robe and socks while walking in the house.

Answer(s): A

15. The primary organ for drug elimination is the:

A. skin.

B. lung(s).

C. kidney(s).

D. liver.

Answer(s): C

16. A 13 year old girl is admitted to the ER with lower right abdominal discomfort. The admitting nursing should take which the following measures first?

A. Administer Loritab to the patient for pain relief.

B. Place the patient in right sidelying position for pressure relief.

C. Start a Central Line.

D. Provide pain reduction techniques without administering medication.

Answer(s): D

17. Which of the following statements by a client indicates adequate understanding of preparation for a lipoprotein fractionation test?

A. "I cannot eat or drink after midnight."

B. "I cannot eat for 12 hours before the test."

C. "I need to limit my fluid intake."

D. "I need to ingest a lipid solution."

Answer(s): B

18. If Ms. Barrett's distance vision is 20/30, which of the following statements is true?

A. The client can read from 20' what a person with normal vision can read at 30'.

B. The client can read from 30' what a person with normal vision can read at 20'.

C. The client can read the entire chart from 30'.

D. The client can read the chart from 20' with the left eye and from 30' with the right eye.

Answer(s): A

19. A client who recently lost 50 pounds just received news that she is pregnant. A possible nursing diagnosis is:

A. Actual Chronic Low Self-Esteem (related to obesity).

B. Potential Chronic Low Self-Esteem (related to obesity).

C. Actual Situational Low Self-Esteem (related to fear of weight regain and pregnancy).

D. Potential Situational Low Self-Esteem (related to fear of weight regain and pregnancy).

Answer(s): D

20. Two staff nurses were considered for promotion to head nurse. The promotion is announced via a memo on the unit bulletin board. When the nurse who was not promoted first read the memo and learned that the other nurse had received the promotion, she left the room in tears. This behavior is an example of:

A. conversion.

B. regression.

C. introjection.

D. rationalization.

Answer(s): B
